

Applewood Learning Center
Sample Snack Menu
May 2009

				1	Wheat Toast Applesauce	2	Cheerios Bananas Milk	3	Teacher's Choice: Grain & milk/juice/fruit
					Nutirgrain Bars Grapes		Cheese-Its Corn		Teacher's Choice: Grain & milk/juice/fruit
6	Waffles Milk	7	Wheat Thins Cucumbers	8	Cinnamon Toast Crunch Bananas	9	What Toast Milk	10	Teacher's Choice: Grain & milk/juice/fruit
	Granola Bars Juice		Fig Newtons Grapes		Triscuits Cheese		Grahams Applesauce		Teacher's Choice: Grain & milk/juice/fruit
13	Wheat Toast Mandarines	14	Goldfish Peaches	15	Kix Cereal Milk	16	Oyster Crackers Mandarines	17	Teacher's Choice: Grain & milk/juice/fruit
	Ritz Crackers Cucumbers		Club Crackers Pickles		Saltines Juice		Bread and Butter Green Beans		Teacher's Choice: Grain & milk/juice/fruit
20	English Muffins Peaches	21	Animal Crackers Bananas	22	Shredded Wheat Milk	23	English Muffins Milk	24	Teacher's Choice: Grain & milk/juice/fruit
	Triscuits Cheese		Cheeze-its Juice		Wheat Thins Cucumbers		Nilla Wafers Milk		Teacher's Choice: Grain & milk/juice/fruit
27	Mini Pancakes Fruit Cocktail	28	Cheerios Milk	29	Cheerios Milk	30	Waffles Bananas	31	Teacher's Choice: Grain & milk/juice/fruit
	Goldfish Juice		Oyster Crackers Carrots		Triscuits Cheese		Nutrirgrain Bars Yogurt		Teacher's Choice: Grain & milk/juice/fruit